

# McGrath Breast Care Nurses



**McGrath Breast Care Nurses are registered nurses specially trained to manage the care of people with breast cancer throughout the course of their treatment.**

At Nepean Blue Mountains Local Health District we have three McGrath Breast Care Nurses - Sarah, Rebecca and Bianca. They support people receiving care at Nepean Cancer and Wellness Centre, Nepean Breast Clinic and Surgical Outpatients, and Breast surgery and GenesisCare.

They are available on the following days:

- Rebecca McLeod: Monday to Thursday
- Sarah Maguire: Tuesday to Friday
- Bianca Dobbins-Jones: Tuesday to Thursday

During your treatment they can:

- Provide continuity of care for you and your family
- Ensure you and your carers understand treatment options available and are able to participate in treatment decisions
- Work closely with each member of your treating team to coordinate your care
- Be your primary contact and help you with any concerns and queries you may have

How they can support you:

- Explain treatment options that have been suggested to you by your treating team

- Answer questions and provide written and verbal information about your treatments
- Provide emotional support for you and your family
- Make referrals to support services such as psychologist, dietitians and physiotherapist
- Attend outpatient consultations

## Useful Websites

- [www.bcna.org.au](http://www.bcna.org.au)
- [www.eviq.org.au](http://www.eviq.org.au)
- [www.cancercouncil.com.au](http://www.cancercouncil.com.au)
- [www.mcgrathfoundation.com.au](http://www.mcgrathfoundation.com.au)

The McGrath Foundation collects information on patients seen by McGrath Breast Care Nurses to inform breast cancer treatment in Australia. You are not identified personally but if you DO NOT want your information recorded, please discuss with Sarah, Rebecca or Bianca.

## Get in contact with our McGrath Breast Care Nurses

### Sarah

Phone: 0436 397 684

### Rebecca

Phone: 0409 699 105

### Bianca

Phone: 0447 456 822